

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lizel Hartenberg**

Has successfully participated & completed the

**10km Forest Hill City Summer Run**

held at Stellenbosch.

**TIME 01:37:30**

**PACE 09:45/km**

**GENDER 105 of 130**

**OVERALL 242 of 287**

**40+ 31 of 35**

04 December 2016, Sun

Date



*BoutTime*

Signature

